

NEW AL WUROOD INTERNATIONAL SCHOOL, JEDDAH, K.S.A

Affiliated to CBSE – New Delhi, 5730008



GRADE: VII

FIRST TERM EXAMINATION 2019-20

WORKSHEET –SET A

SUBJECT: ENGLISH

SECTION A- READING

Q.1. Read the given passage carefully:

Yoga Can Help Control Non-Communicable Diseases: Health Minister JP Nadda

Yoga Can Help Control Non-Communicable Diseases: Health Minister JP Nadda With non-communicable diseases (NCDs) claiming nearly five million lives in India every year, the Centre today said yoga can help control these diseases and that the ancient Indian practice is being encouraged as an integral part of their prevention and management. Launching a campaign on non-communicable diseases (NCDs) to generate awareness among the people and an M-Diabetes initiative where people can get information on prevention and management through a missed call, Health Minister JP Nadda said prevention of diseases, whether non-communicable or communicable, will remain at the forefront of his government. “Yoga and knowledge in AYUSH system of medicine can be of great help in not only preventing but also controlling non-communicable disease. Traditional system of medicines can complement modern medicine.” “Yoga is not only physical activity but also a complete science of living. Yoga as an intervention is being encouraged as an integral part of NCD prevention and management,” Mr. Nadda said at a national conference on ‘Prevention and Control of Major NCD in India.’ Mr. Nadda also launched the second round of Global Adult Tobacco Survey (GATS-2) for systematically monitoring adult tobacco use and tracking key tobacco control indication. “Prevention of diseases will always remain in the forefront, whether for communicable or NCD and awareness regarding a balanced lifestyle and healthy living is a crucial pillar in combating NCDs,” MrNadda said. Mr. Nadda said as most of major NCDs, generally labeled as ‘lifestyle disease’, are acquired, there is an urgent need for paying attention to their preventive aspect and social behavior change plays a major role in preventing NCDs. Minister of State for AYUSH ShripadYessoNaik said there is a need for a holistic approach for maintaining good health and to integrate traditional medicinal practice and healthy lifestyle for leading a healthy life. According to the World Health Organisation, every year, roughly 5-8 million Indians die from heart and lung diseases, stroke, cancer and diabetes.

Now answer the following questions: (1 × 8 = 8 Marks)

1. Which type of diseases can be controlled by Yoga?
2. How can an M-Diabetes initiative help people?

3. What is yoga? Why is it being encouraged?
4. What was the objective of the second round of Global Adult Tobacco Survey (GATS-2)
5. What is a crucial pillar in combating non-communicable diseases (NCDs)?
6. What according to the Health Minister, will remain at the forefront of his government?
7. What is needed for the prevention of NCDs?
8. What did the Minister of state for Ayush say?

Q.2. Read the following poem carefully:

ABOU BEN ADHEM

Abou Ben Adhem (may his tribe increase!)
Awoke one night from a deep dream of peace,
And saw within the moonlight in his room,
Making it rich, and like a lily in bloom,
An angel writing in a book of gold;
Exceeding peace had made Ben Adhem bold,
And to the presence in the room he said,
"What writest thou?" The vision raised its head,
And with a look made of all sweet accord,

Answered, "The names of those who love the Lord".
"And is mine one?" said Abou "Nay, not so",
Replied the angel. Abou spoke more low,
But cheerful still; and said, I pray thee then,
Write me as one that loves his fellow men.
The angel wrote and vanished.
The next night
It came again with a great wakening light,
And showed the names whom love of
God had blest,
And lo! Ben Adhem's name led all the rest.

Fill in the blanks with one word only to complete the following summary of the poem. Write the answers in your answer sheet against the correct blank number :

One night Abou Ben Adhem (a) _____ up from his peaceful dream and an (b) _____ who was writing something in a book of (c) _____. Abou went up to him and asked what he was writing. The stranger gave him a (d) _____ look and answered that he was writing the names of those people who (e) _____ God. Abou asked him curiously if his name was also there in the list. But the angel replied in (b) _____. Abou felt sad for sometime but then he told the angel to write his name in the list of those people who loved their (g) _____. The angel wrote something and (h) _____. The next night, the angel visited Abou again with a great wakening (i)

_____ and showed him the (j) _____ of these who had been (k) _____ by God. Abou was surprised to see that his name was on the (l) _____ of the list as he loved everyone.

Section – B (Writing & Grammar)

Q.3. Imagine your exams got over .Write a letter to your father narrating how you have fared in your examination .You are Adeeb / Riya , 12-B Jaipur Road Agra .

OR

School Diary is helpful for teachers and parents alike and it should be brought to school every day. Express your perspective on it with supporting details to prove it is mandatory to every student in the campus.

Q.4.Punctuate the given sentences:

- a) are you single the interviewer asked
- b) the little child cried i don't want to eat this
- c) what a remarkable victory the coach said
- d) mrsricardo said we will eat lunch late today

Q.4.Identify the dialogue sentence and dialogue tag in the given sentences:

- a) "How do you know all that?" Asked Wilson.
- b) Reema ordered, "Come here girl and have your breakfast. "
- c) Manager said, "Be at your table on time."

Q.5.Fill in the blanks using different verbs (other than 'said') in the given paragraph. 5marks

"Get brooms and mops," _____ father. "Today we will clean this room." "Nooo! There are lizards in that room!" the little girl _____. Shhh... your loud voice will reveal us to them, "_____ father. Mother _____, "Are you scared of lizards!" "No-o, I'm not scared... I'm terrified of lizards!" _____ the little girl.

Section -C (Literature)

Q.5. Read the extract given below and answer the questions that follow.

That night there was a hue and cry over the house. Father's great speech for the Harbour Board was lost. The rooms were ransacked and servants were questioned. Finally, mother came to the little girl's room.

- a) What happened to father's speech?

- b) Name the girl mentioned in the story?
- c) What does the word '**ransacked**' mean in the context?

Q.6. Answer the following questions in 20-30 words:

- a) What is the main idea of the story '**A Boy's Love for a Sparrow**'?
- b) What facts got Holmes suspicious about Wilson's assistant?
- c) Why was the little girl whipped by her father?
- d) What did Wilson tell Holmes and Watson about Red-Headed League?

Q.8. Answer any one of the following questions in 50 -60 words:

- a) The boy in the story goes to the very last extent for saving the bird which was trapped on the power line. His love towards the all living beings are evident in the story .What would have you done if it was you and not HiraLal who had seen a little bird trapped in the dangerous power line ?
- b) The little girl's father is entirely different from Mr. MacDonald and all from other parents. Taking the clues from the lesson 'The Little Girl 'substantiate the statement.

Q.9. Attempt any of the following questions in 80- 100 words.

- a) List the differences and similarities you notice about this society compared to ours.
 - b) Explain the Title THE GIVER.
-